Family Literacy Best Practices Guide

for Programs in Nova Scotia **July 2003**



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- The Family Literacy practitioners who took the time to speak about their many programs and share the stories that confirm that these programs make a difference

Michelle Bowden Project Coordinator Family Literacy Research Project for Nova Scotia

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Encouraging early childhood literacy could turn out to be our most potent 'immunizing' agent. It confers a high degree of lifetime immunity against poverty, ignorance, educational failure, low self esteem and poor health. Can you think of any vaccine that offers such a high level of lasting protection against so many serious human afflictions?

Dr. Richard Goldbloom,
Paediatrician and Honourary Chair of the Read to Me! Nova Scotia Family
Literacy Program



Glossary

This is a list of terms used throughout the Guide.

Evidence Based Practices

Practices that research and/or previous experience have shown

to be effective.

Family A family is defined as two or more persons committed to

caring, learning and growing together.

Family Literacy Family Literacy is an approach to literacy development that

builds on family strengths and connections within the context of

the communities and the culture in which families live and

learn. (Centre for Family Literacy, 2002, pg. 1.1.3)

Lifelong Learning Continuing to learn throughout one's lifetime for personal and

educational advancement.

Literacy The ability to understand and employ printed information in

daily activities, at home, at work and in the community, to achieve one's goals and to develop one's knowledge and potential. (Literacy, Economy and Society, 1995, pg. 14)

Parents Parent, caregiver, or guardian involved with the child or

children inclusively.



Background

Why Establish Best Practices For Family Literacy In Nova Scotia?

In the past eight years the demand for Family Literacy programs to assist both children and adults with their learning needs has risen. As a result, practitioners in the literacy field have expressed a need for more information and direction on how to provide assistance through Family Literacy programs and for guidelines that will help ensure effective programming.

Did you know...

- that there are a number of agencies and sectors that deliver excellent Family Literacy programming? These include libraries, family resource centres, day-care centres, community based learning networks, schools and health care centres.
- that these agencies and sectors are connected within their own communities but not interconnected and linked across Nova Scotia?
- that Family Literacy programs in Nova Scotia provide quality programming on shoestring budgets with no source of long term funding?

These factors demonstrate a need for a comprehensive, coordinated approach to building Family Literacy programs in Nova Scotia.

Family Literacy programs are structured in ways that reflect both need and resources available; as a result, each program is designed independently with no two programs looking exactly the same. The uniqueness of each program is a positive element because it demonstrates a thoughtful and tailored response; however, it also makes it difficult for groups to establish measures of success and assurances that the work they are doing is good. These guidelines can assist in that determination.

This document will provide a common reference base with a Nova Scotian context for Family Literacy practitioners.

What Process Was Used To Identify The Best Practices?

Step One:

With support from the National Literacy Secretariat, a branch of Human Resources Development Canada, the Project Administrator, Colchester-East Hants Regional Library, was able to hire a project coordinator.

Step Two:

A Family Literacy Advisory Group was established to advise on all phases of the project. The group:

- reviewed research
- assisted in the identification of the best practices
- reviewed and provided feedback on the document
- developed a strategy to advance Family Literacy in Nova Scotia

Step Three

Research included:

- consulting literacy organizations and Departments of Education across Canada to tap into best practices documents that had been developed
- reviewing national and international Family Literacy programs and initiatives
- conducting site visits to see first hand the kinds of programs operating in Nova Scotia

Introduction

Literacy

Literacy in today's society is more than knowing how to read, write and calculate. Literacy is a skill that starts in infancy and continues to be built upon throughout life. Literacy helps an individual to participate more fully in life and to improve his or her economic and health status. The International Adult Literacy Survey (IALS) defines literacy as:

the ability to understand and employ printed information in daily activities, at home, at work and in the community, to achieve one's goals and to develop one's knowledge and potential. (Literacy Economy and Society, 1995, pg. 14)

This broad definition incorporates one's life experiences in the home, workplace and community into the lifelong learning process.

What Is Family Literacy?

Family Literacy is an approach to literacy development that builds on family strengths and connections within the context of the communities and the culture in which families live and learn. (Centre for Family Literacy, 2002, pg. 1.1.3)

Family Literacy programs provide models for positive interactions in the family and larger community. In doing so, Family Literacy programs provide assistance to whole families in developing skills to participate more fully in their communities.

What Does "Family" Mean?

In the context of this project, a family is defined as two or more persons committed to caring, learning and growing together.

This broad definition of family addresses the various types of families in the province who participate in Family Literacy programs. Participation in Family Literacy programs may include many generations of the family.

In the moment of chanting a lullaby, telling a poem or story, or the reading out loud of a book, there is the creation of a "safe place". Every child deserves this. It is their birthright.

Sheree Fitch

What Are Family Literacy Programs?

Family Literacy programs respond to needs identified by the community and are delivered through community partnerships. Just as communities are different, so, too, are Family Literacy programs across the province. These programs may include:

- 1. Fun, interactive literacy activities between parents and their children
- 2. Providing parents with tools and information to assist them in providing enjoyable learning experiences for their child
- 3. Providing strong foundational learning experiences for parents to achieve their personal goals
- 4. Age-appropriate programs for children to prepare them for success in school and to provide motivation for personal success throughout life

Why Are Family Literacy Programs Important?

The first five years of life are a period of unparalleled growth in a child's development. Support for reading and language development during these crucial years can set the foundation for literacy. Children need partners in this learning process and during the pre-school years the most important teachers in a child's life are parents, siblings, grandparents and other family members who are with the child everyday.

Family Literacy programs give parents the information and tools they need to share their existing knowledge, and to weave books, stories, and reading into their everyday routines. Family Literacy programs provide families with:

- information on libraries and library programs
- assistance in selecting age appropriate books
- modeling good book-sharing behaviour
- support if they need help with their own literacy skills
- book and literacy resources in their community
- literacy support for families of children with special needs

A child is born with all the brain cells needed for life. What they are missing are the right connections from one nerve cell to the next. Literacy activities such as rhymes, songs, and reading help form connections in the parts of the brain that will be critical later in life.

Parents are a child's first and most important teachers.

The creation of songs, rhymes, and stories are gifts that do not cost money but will pass on values and culture, and make a difference over the lifetime of the child. A simple concept that does powerful things.

It is never too early to start singing songs, saying rhymes and telling stories, as children need to hear thousands of repetitions to develop language. Babies can hear sounds in the womb and by 7 months they can hear quite well. (CBC Atlantic/Nova Scotia, February 10 2003, Video)

Not all families know how and when to read, sing, tell stories or say rhymes to children. Many families believe that literacy and learning begin when the child attends school. Family Literacy programs help to change perceptions of when to start to engage in these activities with a child. In addition, many adults in Family Literacy programs find personal development and make connections to other adult learning opportunities.

What Are The Goals Of Family Literacy?

- To promote parents as their child's first teacher
- To assist families in supporting their children's literacy development from birth and throughout the school years
- To provide families with ongoing access to developmentally appropriate materials
- To provide children the opportunity to develop school readiness
- To provide an opportunity for parents to achieve their own educational goals and participate in assisting their children
- To enhance the quality of life for families with reading, learning and shared time together
- To promote and support lifelong learning

The most important thing in the first years of life is the growth of the mind and spirit. This is when a child learns to love and trust, to speak and listen. Trusting, singing, laughing, and language are the most important things in a young child's life.

Rosemary Wells, "Read to Your Bunny", Scholastic 1997

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How Should These Guidelines Be Used?

These guidelines have been developed as a foundation on which to build Family Literacy programs in Nova Scotia. Because Family Literacy programs are developed based on the need in each community, there is no uniform program that is delivered across the province. What the programs do have in common is the same inclusive philosophy, values and commitment to their participants. Family Literacy practitioners can use this guide as a reference point for the development of their respective programs. As each program grows, so will its capacity to accomplish more of the "best practices" goals.

The guidelines have been developed:

- 1. To be used in the development and enhancement of Family Literacy programs
- 2. To create an understanding of "best practices" in the field of Family Literacy
- 3. To assist practitioners in evaluating and targeting areas for further development
- 4. To be used as a tool to assist organizations and partners in acquiring and allocating appropriate resources
- What we want is to see the child in pursuit of knowledge, not knowledge in pursuit of the child.

George Bernard Shaw

Guiding Principles For Family Literacy

These Guiding Principles highlight the characteristics of quality Family Literacy programs in Nova Scotia. The adoption of these principles represents a commitment to high quality programs.

One generation plants the trees; another gets the shade.

Chinese Proverb

Family Centred

Quality Family Literacy programs are built on the needs of the families.

Focused On Strengths

Quality Family Literacy programs are based on the philosophy of building on strengths. With support, families actively participate in the development of programming and the direction they want their learning to take. Families build on existing knowledge and develop community strengths and networks.

Access

Quality Family Literacy programs treat all participants with openness and fairness. Programs are inclusive and welcome all types of families and ways of learning.

Sensitive To Linguistic, Cultural And Gender Issues

Quality Family Literacy programs are influenced by different languages and cultural traditions. Both men and women are welcome to participate in programs.

Evidence Based

Quality Family Literacy programs are developed by using evidence based learning practices that support the goals of the participants.

Community Links

Quality Family Literacy programs promote links between families and other support agencies in their community.

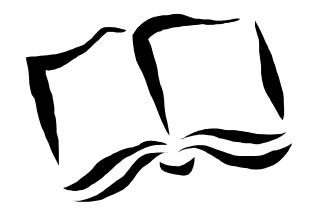
Collaborative Process

Quality Family Literacy programs acknowledge the importance of collaboration among families, service providers and community agencies.

Partnerships

Quality Family Literacy programs form partnerships with other organizations or agencies that have a common interest in supporting literacy needs of families. This facilitates the sharing of information, resources, experience and knowledge.

Best Practices Guidelines



Instructions

This guide can be used to set up a Family Literacy Program as well as evaluate your progress as the program develops.

There are ten (10) Family Literacy Best Practices Statements in this guide.

- Read through each statement and the indicators under each.
- Check the box beside each indicator that applies to your program.
- If you would like to improve on this indicator or require assistance to reach this indicator there is space to make note of action needed to reach this goal.

The table is set up as seen below.

Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.		

Suggestions for Use

Below are some suggestions that will help you get the best use out of the document.

- 1. Go through one page per staff meeting to review status of program.
- 2. Share the document with other organizations you have contact with to show what direction your programs are taking.
- 3. Go through guidelines on a regular basis to see what impact they have on Family Literacy practices that are used in your programs. Share this information with your partners.
- 4. Develop a community working group to review Family Literacy practices in your area.

Funding

Quality Family Literacy programs develop partnerships to deliver sustainable programs.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
A written partnership agreement exists that outlines the roles of each partner.				
There is collaboration with other community organizations to make the best use of resources in the area.				
A detailed budget is followed and kept up-to-date.				
A list of funding sources is generated on a local, provincial and national basis.				
All funding request applications are accurately completed and submitted in a timely manner.				
A long term funding strategy is developed.				
There is networking with organizations that serve similar clients and have similar goals.				

Administrative Accountability

Quality Family Literacy programs ensure that the appropriate records, reports and other documentation are kept up-to-date and accurate.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Accurate and up-to-date financial records are kept.				
Staff qualifications are clearly outlined and are appropriate for the program being delivered.				
Personnel policies are in place for staff and volunteers.				
Accurate and up-to-date progress reports are kept.				
Regular reports are provided to funding sources.			<u>[_]</u>	
Job descriptions of board members, staff and volunteers are available.				
Confidentiality is ensured regarding client records.				

Administrative Accountability con't...

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Professional development opportunities are provided for staff and volunteers.				
Performance appraisals are provided for staff and volunteers.				

Program Content

Quality Family Literacy programs are based on the literacy needs of the families and are relevant to their goals and ways of learning. Programs are developed based on the strengths of the families involved and can be easily adapted to reflect identified needs. Families are actively involved in the development of the programs.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Programs are developed building on the existing strengths of the families.				
Information is presented in different ways to address the various learning styles.				
Progress checks are built-in and the program can be adapted to better meet the learning goals.				
The parent is acknowledged as the child's first teacher.				
The parents and children are the focus of all designed activities.				
Daily family activities that require literacy skills are identified and activities are developed to build on those skills.				

Program content con't

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Opportunities are available for families to develop their own networks.				
Program content reflects the cultural interests of the community.				
Content relevance is maintained and achieved through constant feedback from the families.				

Safety and Liability Issues

Quality Family Literacy programs provide a safe environment for families to learn.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
The organization addresses and adheres to the insurance requirements for the programs they deliver.				
The organization and staff members are aware of the Childcare Act and adhere to the standards therein.				
Appropriate fire exits are maintained and room capacity fire limits are not breached.				
An atmosphere of trust is developed ensuring the comfort of all families.				
A confidentiality policy regarding the personal lives of families is in place and participants and staff are aware of this policy.				
Appropriate provincial Occupational Health and Safety regulations are implemented.				

Program Assessment and Evaluation

Quality Family Literacy programs actively assess and evaluate their programs to ensure all outcomes are achieved. Staff, volunteers, families and community groups are consulted to ensure an inclusive evaluation.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
An initial interview/assessment process with the families is in place.				
Skills, knowledge and learning goals of the families are identified.				
Any special learning needs among families are identified and if necessary, referrals to other support services are made.				
Values and beliefs of the families participating are reflected in assessment procedures.				
Ongoing program assessment is carried out.				
Families are involved in the assessment process and in setting their own goals.				

Program Assessment and Evaluation con't...

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
New goals are identified for the family once old ones are attained.				
Both traditional and non-traditional assessment methods are utilized to document program outcomes.				
Progress of the family or positive changes are documented in areas such as: • Self esteem • Increased involvement in community activities • Improvement in the relationship between home and school • Development of new literacy activities at home • Improvement in parenting and problem-solving skills • Advances towards additional education				
Exit interviews are conducted with families.				
Partnership agreements are reviewed on a regular basis to determine their effectiveness.				

Personnel

Quality Family Literacy programs hire qualified, well-trained staff. Professional development of staff is an ongoing priority.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Staff has experience and/or facilitation training in Family Literacy and understands the principles of Family Literacy programming.				
Staff has experience and/or training in early childhood education, parent education and life skills programming.				
Staff is encouraged and supported by the organization to stay up-to- date on current literature and research in Family Literacy.				
Staff regularly attends professional development workshops.				
Staff is required to provide documentation that they regularly evaluate programs.				
Staff adheres to the policies and procedures of the organization.				

Personnel con't...

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Staff is encouraged to recruit potential staff and volunteers from past participants and community.				
Staff undergoes a police and child abuse registry check.				

Program Materials

Quality Family Literacy programs will use gender/age appropriate and culturally sensitive materials. This ensures that families have access to material that is relevant to them.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
 Are available in a wide variety of mediums (i.e. print, audio, video, etc.) to accommodate various learning styles. 				
• Are relevant to areas of interest to the families.				
 Are available to accommodate various reading levels. 				
Materials developed by the program are written in plain language.				
Materials are reviewed on a regular basis to ensure all cultural and sensitivity issues are addressed.				
Materials are gender appropriate.				

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Materials are in good physical condition and aesthetically pleasing.				

Program Materials con't...

Program Access

Quality Family Literacy programs are accessible to all families. They are located in recognizable and safe places and have appropriate facilities for family use. Transportation, childcare and refreshments are provided.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
The building is accessible to people with physical disabilities.				
There are suitable, easily identified washroom facilities.				
There is a safe area for children to play and learn.				
The program is located in an area where families feel safe.				
Transportation is available.				
There is a safe parking area.				
Childcare is provided free of charge to the families and includes appropriate developmental activities.				

Program Access con't						
Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.		
Nutritious snacks are provided.						

Promotion and Public Awareness

Quality Family Literacy programs are highly visible in the community. Awareness campaigns are done regularly to recruit participants, obtain support and raise awareness about literacy issues in the community.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Information regarding programs is publicized on a regular basis using posters, brochures, newsletters and updates to local referral organizations and individuals.				
Programs are promoted by word of mouth and personal contact to reach potential participants who do not have a high level of literacy and may have trust and/or safety issues.				
Previous experience of the organization, volunteers and families are used in recruitment strategies.				
Relationships with referral agencies and local media outlets are fostered.				
Programs are promoted using community radio and television stations.				

Volunteer Recruitment

Quality Family Literacy programs may recruit and train volunteers to support the literacy needs of the families they serve.

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Former participants are encouraged to become volunteers.				
There is an interview screening process to ensure volunteers are compatible with the work they will be doing.				
In regards to the safety of the children, volunteers only work with groups of children and are never left alone with an individual child.				
Volunteers undergo a police and child abuse registry check.				
Volunteers receive an orientation to the organization and the program.				
Volunteers are trained to do the work they are expected to do.	[_]	[_]	[_]	
Volunteers receive follow-up training and information as programs change.				

Volunteer Recruitment con't...

Indicator	Yes	No	N/A	If no, identify need for further assistance to achieve this indicator and any action to be taken.
Job descriptions are developed for volunteers based on the mandate and mission statement of the organization and not the skills and interest of the individual volunteer.				
Volunteers are provided with the necessary supplies and materials to perform their job.				
Volunteers receive regular and constructive feedback regarding their activities.				
Volunteers are encouraged to give feedback about their work and the program.				
The number of hours that volunteers contribute is accurately recorded.				
Volunteers are recognized for their contribution to the program and/or organization.				
There is a dismissal policy in place to address breaches of policy and procedures.				

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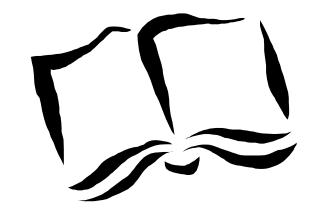
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Appendix



Resource Links

Canadian Human Rights Commission

http://www.chrc-ccdp.ca/ee/English/Javafile/index.htm?l=e

This link takes you to such publications and policies as:

Canadian Human Rights Act

Barrier Free Employers Practical Guide for Job Accommodation for People with Disabilities

A Guide to Screening and Selection in Employment

Centre for Family Literacy

http://www.famlit.ca/

The Centre for Family Literacy in Edmonton, Alberta is a provincial centre for Family Literacy that helps meet the increased demand for information, training, resources, liaison, programs and program accountability.

Clear Communication

http://www.clear.nald.ca

This link takes you to the National Adult Literacy Database directory of plain/clear language communication service providers.

Department of Community Services

http://www.gov.ns.ca/coms/files/FCS.asp

This site provides links to the Nova Scotia Day Care Act and Regulations and Childcare Standards.

Department of Justice, Employment Equity Act

http://laws.justice.gc.ca/en/E-5.401/

This link outlines the Employment Equity Act including employer's obligations.

Human Resources in the Voluntary Sector

http://www.hrvs-rhsbc.ca/index e.cfm

This link provides information for developing human resource policies in the voluntary sector.

Literacy Nova Scotia

http://www.nald.ca/literacyns

Literacy Nova Scotia is the provincial coalition of organizations and individuals interested in and supportive of adult literacy in the province.

National Adult Literacy Database

http://www.nald.ca

The National Adult Literacy Database Inc. (NALD) is a federally incorporated, non-profit service organization that fills the crucial need for a single-source, comprehensive, up-to-date and easily accessible database of adult literacy programs, resources, services and activities across Canada. There is also a Family Literacy section with related resources.

Nova Scotia Human Rights Commission

http://www.gov.ns.ca/humanrights/rights/default.htm

This link provides information on specific protections described in the Nova Scotia Human Rights Act.

Occupational Health and Safety Division, Nova Scotia Department of Environment and Labour

http://www.gov.ns.ca/enla/ohs/publicat.htm

This link provides a listing of regulations, reference guides and codes of practice regarding Occupational Health and Safety in Nova Scotia.

The Plain Language Association International

http://www.plainlanguagenetwork.org

This site offers information on writing in plain language. There are tutorials, web links, e-mail discussion groups, and other resources to provide assistance.

The Plain Language Center

http://www.gopdg.com/plainlanguage/

This site gives you an introduction to Plain Language Writing and is located in British Columbia.

Plain Language Online Training

http://www.plainlanguagenetwork.org/plaintrain/

This is an on-line training program that provides helpful tips and techniques for improving your communication skills with the use of plain language.

Volunteer Canada

http://www.volunteer.ca/index-eng.php

This is a Canadian site regarding all aspects of working with volunteers and becoming a volunteer.

Family Literacy Advisory Group Representatives

Advisory Group Representative	Contact Information
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Nova Scotia Public Libraries

(http://www.library.ns.ca/regionals/)

Annapolis Valley Regional Library

P.O. Box 640, 26 Bay Road Bridgetown, NS B0S 1C0 Phone: 902.665.2995 Fax: 902.665.4899

Email: avradmin@nsar.library.ns.ca

URL: www.vallevlibrarv.ca

Regional Librarian: David Witherly

Cape Breton Regional Library

50 Falmouth Street Sydney, NS B1P 6X9 Phone: 902.562.3279 Fax: 902.564.0765

Email: inssc@nssc.library.ns.ca

URL: www.cbrl.ca

Regional Librarian: Ian MacIntosh

Colchester-East Hants Regional Library

754 Prince Street Truro, NS B2N 1G9 Phone: 902.895.4183 Fax: 902.895.7149

Email: anstc@nstc.library.ns.ca
URL: http://cehlibrary.ednet.ns.ca
Regional Library Director: Janet Pelley

Cumberland Regional Library

P.O. Box 220

Amherst, NS B4H 3Z2 Phone: 902.667.2135 Fax: 902.667.1360

rax. 902.007.1300

Email: fnewman@nsamc.library.ns.ca

URL: http://crl.library.ns.ca

Chief Librarian: Frances Newman

Eastern Counties Regional Library

P.O. Bag 2500, 390 Murray Street

Mulgrave, NS B0E 2G0 Phone: 902.747.2597 Fax: 902.747.2500

Email: dcumby@nsme.library.ns.ca

URL: http://ecrl.library.ns.ca

Acting Chief Executive Officer: David Cumby

Halifax Regional Library

60 Alderney Drive Dartmouth, NS B2Y 4P8 Phone: 902.490.5744 Fax: 902.490.5762

Email: comments@nsh.library.ns.ca
URL: www.halifax.library.ns.ca
Chief Executive Officer: Judith Hare

Pictou Antigonish Regional Library

P.O. Box 276

New Glasgow, NS B2H 5E3

Phone: 902.755.6031 Fax: 902.755.6775

Email: estackho@nsngp.library.ns.ca

URL: www.parl.ns.ca

Chief Librarian: Eric Stackhouse

South Shore Regional Library

P.O. Box 34

Bridgewater, NS B4V 2W6

Phone: 902.543.2548 Fax: 902.543.8191

Email: ansbs@nsbs.library.ns.ca
URL: http://ssrl.library.ns.ca
Chief Librarian: Janet Clark

Western Counties Regional Library

405 Main Street

Yarmouth, NS B5A 1G3 Phone: 902.742.2486 Fax: 902.742.6920

Email: ansy@nsy.library.ns.ca
URL: http://westerncounties.ca

Regional Library Director:

Trudy Amirault

Nova Scotia Provincial Library

3770 Kempt Road Halifax, NS B3K 4X8 Phone: 902.424.2457 Fax: 902.424.0633

Email: admin@nshpl.library.ns.ca

URL: www.library.ns.ca

Provincial Librarian: Elizabeth Armstrong

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