

Caring for Your Computer

Warm up: What computer problems have you experienced? What would you like to learn about today?

Objectives:

- Keep your computer physically clean and safe
- Maintain your computer system and files
- Protect your computer from threats
- Use basic trouble shooting techniques

Time: 3 hours

Learning Tasks	Instructor Activities	Time	Resources
<p>Keep your computer physically clean and safe:</p> <ul style="list-style-type: none"> • Clean the keyboard • Clean the mouse • Clean the monitor • Discuss proper ventilation and protecting against power surges <p>Maintain your computer system and files:</p> <ul style="list-style-type: none"> • View the storage capacity • Delete files • Empty the Recycle Bin • Use Disk Cleanup • Review the defrag process • Identify the options to back up files 	<p>Warm up and introductions</p> <p>Present:</p> <ol style="list-style-type: none"> 1. Watch video. 2. Demonstrate proper cleaning techniques. 3. Use handbook to share further information about ventilation and power surges. <p>Practice:</p> <ol style="list-style-type: none"> 1. Have learners take apart and clean a mouse, and clean keyboards and monitors in groups of two. <p>Present:</p> <ol style="list-style-type: none"> 1. Explain storage capacity and how to find the hard drive's used/free space. 2. Discuss why it is important to clean up your hard drive. How often? 3. Explain the Recycle Bin process and demonstrate the steps to empty it. 4. Explain temporary files and demonstrate the Disc Cleanup process. 	<p>15 min</p> <p>30 min</p> <p>30 min</p>	<p>Computer lab, projector and screen</p> <p>http://www.gcfllearnfree.org/computerbasics/14</p> <p>Used keyboard, optical mouse and mechanical mouse (roller ball), compressed air, soft cloths, rubbing alcohol</p> <p>Getting to Know Your Computer workbook p.1-6</p> <p>Getting to Know Your Computer workbook p.8-11</p>

<p>Protect your computer from threats:</p> <ul style="list-style-type: none"> • Define common threats • Identify anti-virus software • Identify safe computer practices • Check web browser security settings 	<ol style="list-style-type: none"> 5. Define the defrag process and identify how to start the process (you <u>may not</u> want to activate the defrag process on laptops). 6. Discuss as a group, what type of information is important to back up and why. <p>Practice:</p> <ol style="list-style-type: none"> 1. Have learners create and then delete a file. 2. Have learners locate and empty the Recycle Bin. 3. Have learners locate and activate Disk Cleanup. 4. Have learners locate the Disk Defragmenter. <p>Break</p> <p>Present:</p> <ol style="list-style-type: none"> 1. Discuss common threats to a computer. How do you get them? 2. Review common terms such as virus, Trojan horse, and worms. 3. Review antivirus and antispymware software – examples and what they do. 4. Review the importance of running and allowing software updates. 5. Review safe practice tips for email use; define phishing 6. Discuss and demonstrate internet security browser and options (tools, internet options, security tab). <p>Practice:</p> <ol style="list-style-type: none"> 1. Have learners check the web browser 	<p>15 min</p> <p>30 min</p>	<p>For demonstration bring CDs, DVDs, and flash drive</p> <p>Getting to Know Your Computer workbook p.12-15</p>
---	---	-----------------------------	---

