Appendix A

Making a Book

You could make a book with your child, or help an older child make a book for a younger child. There are many ways of making a book.

Report Cover

A report cover is a clear plastic folder with a plastic spine that holds pages you put inside the folder. Buy them anywhere you buy school supplies. They are great for use with either plain paper or card stock. If you are using cardstock, score it down the left margin, making a strip just a little wider than the plastic binder strip that comes with the report folder. This will allow the card stock pages to open easily.

Folded and Stapled Book

If you have a stapler with a long arm, start by folding each sheet of paper, and the cover, in half. Open the sheets, pile them up on top of each other, and use the stapler to put 2 or 3 staples along the fold line. Then fold the book closed. The staple should have the smooth side on the outside of the book. Usually this means you would lay the pages in the stapler with the fold up.

Book with Brads or Rings

If you are using card stock for the cover or the inside pages, score the cardstock down the left side of each page, 2 or 3 cm from the edge. Use the margin to punch holes for the rings, or to place the brads. The score lines will help the book open easily. Paper does not have to be scored.