



Reading Text

- Reading stories to children before bedtime
 - Reading mail
 - Reading books for enjoyment
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Numeracy

- Budgeting family income
 - Helping children with math homework
 - Paying bills
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Document Use

- Following recipes
 - Using instructions to assemble furniture
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Writing

- Writing cards or letters to family and friends
 - Making chore and grocery lists
 - Recording appointment times
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Computer Use

- Sending emails
 - Performing online banking
 - Shopping online
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Oral Communication

- Resolving conflicts with family members
 - Having a discussion over supper
 - Voicing concerns or ideas
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Thinking Skills

- Managing time and money
 - Thinking of gifts for family members
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Working with Others

- Planning family vacations together
 - Deciding what toppings to order on a pizza
 - Building strong relationships between parents, children, and siblings
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Continuous Learning

- Playing trivia games
- Trying new recipes
- Learning a new skill with children